FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
wasinington,	D.C.	20040

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average b	urden									
hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Prentice Anthony						2. Issuer Name and Ticker or Trading Symbol Sema4 Holdings Corp. [ SMFR ]								ck all applica	able)	g Person(s) to Issuer  10% Owner Other (spec		/ner
	AA4 HOLD	irst) DINGS CORP. NORTH TOWE!	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 04/04/2022							>	below)			below)	
(Street) STAMF(	ORD C		06902 (Zip)		4.	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. In Line)	lividual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3)  2. Trans Date (Month.				2A. Deemed Execution Date, if any (Month/Day/Year		Code (Instr.				Beneficial Owned Fo	illy	Form: (D) or	orm: Direct D) or Indirect ) (Instr. 4)	7. Nature of Indirect Beneficial Ownership				
									Code	Amo	ount	(A) or (D)	Price	Transaction	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	ution Date, Transacti Code (Ins				6. Date Exercisable and Expiration Date (Month/Day/Year)		nd	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transaction	Owner Form: Direct or Indi (I) (Ins	Ownership	Beneficial Ownership ct (Instr. 4)	
				С	ode	v	(A)	(D)	Date Exercisable	Expirat Date	tion	Title	Amount or Number of Shares		(Instr. 4)	on(s)		
Employee Stock Option (Right to Buy)	\$3.05	04/04/2022			A		127,114		(1)	04/03/2	2032	Class A Common Stock	127,114	\$0.00	127,114		D	
Restricted Stock Unit	(2)	04/04/2022			A		73,218		(1)	(1)		Class A Common Stock	73,218	\$0.00	73,218	8	D	

## Explanation of Responses:

- 1. 6.25% vest in quarterly installments over the four-year period commencing on April 1, 2022 until fully vested, subject to the Reporting Person's continued service to the Issuer on each vesting date.
- 2. Each restricted stock unit represents a contingent right to receive 1 share of the Issuer's Class A Common Stock upon settlement for no consideration.

## Remarks:

/s/ Daniel Clark, Attorney-in-

04/06/2022

Fact

\*\* Signature of Reporting Person Dat

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.