

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001689575
Filer CCC XXXXXXXXX
Is this a LIVE or TEST Filing? LIVE TEST

Submission Contact Information

Name
Phone
E-Mail Address

144: Issuer Information

Name of Issuer GeneDx Holdings Corp.
SEC File Number 001-39482
Address of Issuer 333 Ludlow St, North Tower
6th Floor
Stamford
CONNECTICUT
06902
Phone 8887291206
Name of Person for Whose Account the Securities are To Be Sold Katherine Stueland

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Officer
Relationship to Issuer Director

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
Class A Common Stock	Morgan Stanley Smith Barney 2000 Westchester Avenue Purchase NY 10577	94495	9268700	28904590	01/29/2026	NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the	Date you	Nature of	Name of	Is	Date	Amount of	Date of	Nature of
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Class	Acquired	Acquisition Transaction	Person from Whom Acquired	this a Gift?	Donor Acquired	Securities Acquired	Payment	Payment *
Class A Common Stock	05/02/2022	Acquired as compensation - Restricted Stock Units	Issuer	<input type="checkbox"/>		1653	05/02/2022	Compensation
Class A Common Stock	03/15/2025	Acquired as compensation - Performance-based Restricted Stock Units	Issuer	<input type="checkbox"/>		26847	03/15/2025	Compensation
Class A Common Stock	12/09/2022	Acquired as compensation - Restricted Stock Units	Issuer	<input type="checkbox"/>		3686	12/09/2022	Compensation
Class A Common Stock	03/15/2025	Acquired as compensation - Restricted Stock Units	Issuer	<input type="checkbox"/>		6712	03/15/2025	Compensation
Class A Common Stock	04/26/2023	Acquired as compensation - Restricted Stock Units	Issuer	<input type="checkbox"/>		10557	04/26/2023	Compensation
Class A Common Stock	03/26/2024	Acquired as compensation - Restricted Stock Units	Issuer	<input type="checkbox"/>		45040	03/26/2024	Compensation

* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
Katherine Stueland 333 Ludlow St, North Tower 6th Floor Stamford CT 06902	Class A Common Stock	10/29/2025	2158	294654
Katherine Stueland 333 Ludlow St, North Tower 6th Floor Stamford CT 06902	Class A Common Stock	12/09/2025	3639	579620
Katherine Stueland 333 Ludlow St, North Tower 6th Floor Stamford CT 06902	Class A Common Stock	12/16/2025	10857	1562217

144: Remarks and Signature

Remarks Represents approximately 94,495 shares to be sold on behalf of the Reporting Person, including 1) 1,653 shares to be sold in connection with vesting of RSUs on January 29, 2026; 2) approximately 26,847 shares to be sold in connection with anticipated vesting of PRSUs on or around March 3, 2026; 3) approximately 3,686 shares to be sold in

connection with anticipated vesting of RSUs on March 9, 2026; 4) approximately 6,712 shares to be sold in connection with anticipated vesting of RSUs on March 15, 2026; 5) approximately 10,557 shares to be sold in connection with anticipated vesting of RSUs on March 16, 2026; and 6) approximately 45,040 shares to be sold in connection with anticipated vesting of RSUs on March 26, 2026. Shares sold in the past 3 months by the Reporting Person include 16,654 shares sold to cover tax withholding obligations in connection with vesting and settlement of RSUs.

Date of Notice 01/29/2026

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ Katherine Stueland

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)