FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	205/10
vvasiiiigtori,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Saad Kareem						2. Issuer Name and Ticker or Trading Symbol Sema4 Holdings Corp. [SMFR]									(Che	eck all applic	applicable)		Person(s) to Issuer 10% Owner Other (specify	
	1A4 HOLD	irst) DINGS CORP. NORTH TOWE!	(Middle) R, 8TH FL	٠.		3. Date of Earliest Transaction (Month/Day/Year) 10/25/2021									below)		e Other (specify below)		рсспу	
(Street) STAMF(06902 (Zip)		4. 1										Line	dividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transpare (Month)				2A. Deemed Execution Date, if any (Month/Day/Year		Code (Instr.			4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)				5. Amou Securitie Benefici Owned F Reporte	es ally Following	Form (D) o	n: Direct r Indirect sstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									[Code	v	Amount		(A) or (D)	Price	Transaci (Instr. 3	tion(s)			(111501.4)
Class A C	Class A Common Stock 10/25			5/202	2021			M		54,04	12 A		(1)	54	54,042		D			
Class A Common Stock 10/25			5/202	/2021			S ⁽²⁾		16,608		D	\$7.54	4 37	37,434		D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date,	4. Transaction Code (Instr. B)		of		Exp	Date Ex piration onth/Da	Date			Security 14)	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Dat Exe	te ercisab		expiration Pate	Title		Amount or Number of Shares					
Restricted Stock Unit	(1)	10/25/2021			M			54,042		(3)		(3)	Com	ss A nmon ock	54,042	\$0.00	234,18	36	D	

Explanation of Responses:

- 1. Each restricted stock unit ("RSU") represents a contingent right to receive 1 share of the Issuer's Class A Common Stock upon settlement for no consideration.
- 2. The sale reported on this Form 4 represents shares sold by the Reporting Person to cover tax withholding obligations in connection with the vesting and settlement of RSUs. The sale was to satisfy tax withholding obligations to be funded by a "sell to cover" transaction and does not represent a discretionary transaction by the Reporting Person.
- 3. 3/16th of the total shares vested on October 25, 2021, 1/16th of the total shares vest on January 19, 2022, and thereafter vests as to 1/16th of the total shares underlying the award in quarterly installments until fully vested on January 19, 2025, subject to the Reporting Person's continued service to the Issuer on each vesting date.

Remarks:

/s/ Daniel Clark, Attorney-in-Fact

11/02/2021

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.