FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington.	D.C.	20549

STATEMENT	OF CHANGES	S IN BENEFICIA	L OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
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hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last) C/O SEM	I <u>C</u> (F MA4 HOLD	Reporting Person* irst) DINGS CORP.	(Middle)		3.	2. Issuer Name and Ticker or Trading Symbol Sema4 Holdings Corp. [ SMFR ]  3. Date of Earliest Transaction (Month/Day/Year) 04/04/2022								ationship of Reporting Person(s) to Issuer (all applicable)  Director 10% Owner  Officer (give title below)  Chief Financial Officer					
(Street) STAMF(	ORD C	NORTH TOWE	06902 (Zip)		4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Indi Line) X	,					
1. Title of Security (Instr. 3)  2. Trans: Date					sactio				3. Transa	Transaction Disposed Of (D) (Instr. Code (Instr.			ed (A) o	r	5. Amoun Securities Beneficia Owned Fo	Amount of curities neficially vned Following		: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership
Class A Common Stock				04/0	14/202	4/2022		Code	v	Amount	(D)		0.00	(Instr. 3 a	Reported Transaction(s) (Instr. 3 and 4)		D	Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution Date, Truity or Exercise (Month/Day/Year) if any C		ransaction Sec sode (Instr. ) Acc or I of (		Derivative E		6. Date Exercisable Expiration Date (Month/Day/Year)		of Securities		ties ig e Securit	Derivative Security		9. Numbe derivative Securities Beneficia Owned Following Reported	e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				c	ode	v	(A)	(D)	Date Exercisab		xpiration ate	Title	Amou or Number of Sha	er		Transaction(s) (Instr. 4)			
Employee Stock Option (Right to Buy)	\$3.05	04/04/2022			A		205,469		(2)	0	4/03/2032	Class A Common Stock	205,4	169	\$0.00	205,46	59	D	
Restricted Stock Unit	(3)	04/04/2022			A		118,350		(2)		(2)	Class A Common Stock	118,3	350	\$0.00	118,35	50	D	

## **Explanation of Responses:**

- 1. The indicated shares were issued to the Reporting Person as a stock bonus. The stock bonus was fully-vested as of the date of issuance.
- 2. 6.25% vest in quarterly installments over the four-year period commencing on April 1, 2022 until fully vested, subject to the Reporting Person's continued service to the Issuer on each vesting date.
- 3. Each restricted stock unit represents a contingent right to receive 1 share of the Issuer's Class A Common Stock upon settlement for no consideration.

## Remarks:

/s/ Daniel Clark, Attorney-in-

Fact

04/06/2022 \*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.