FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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OMB APPROVAL							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last) C/O SEM	Oaniel Em (F MA4 HOLD DLOW ST, 1 DRD C	irst) INGS CORP. NORTH TOWE	(Middle) R, 8TH FL. 06902 (Zip)		2. Issuer Name and Ticker or Trading Symbol Sema4 Holdings Corp. [SMFR] 3. Date of Earliest Transaction (Month/Day/Year) 04/04/2022 4. If Amendment, Date of Original Filed (Month/Day/Year)								(C	X	Secretary and General Counsel Individual or Joint/Group Filing (Check Applicable a)					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transc Date (Month/L					action 2A. Deemed Execution Date,			e, ear)	3. Transacti Code (Ins 8)	str.	4. Securi Disposed 5)	ecurities Acquired (A) posed Of (D) (Instr. 3, 4			5. Amount of		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Ye	Co	nsactio de (Insti	Deriva Securi Acquir or Disp	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Date Exer Diration D Donth/Day/	ate	of Securities		ies g Security		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported	e s illy	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
				Co	de V	(A)	(D)	Date Exe	e ercisable	Ex Da	piration ate	Title	Amount or Number of Share			Transaction(s (Instr. 4)				
Employee Stock Option (Right to Buy)	\$3.05	04/04/2022		A		111,27	1		(1)	04	/03/2032	Class A Common Stock	111,27	1	\$0.00	111,27	71	D		
Restricted Stock Unit	(2)	04/04/2022		A		64,092			(1)		(1)	Class A Common Stock	64,092	$\frac{1}{2}$	\$0.00	64,09	2	D		

Explanation of Responses:

- 1. 6.25% vest in quarterly installments over the four-year period commencing on April 1, 2022 until fully vested, subject to the Reporting Person's continued service to the Issuer on each vesting date.
- 2. Each restricted stock unit represents a contingent right to receive 1 share of the Issuer's Class A Common Stock upon settlement for no consideration.

Remarks:

/s/ Daniel Clark

04/06/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.