SEC For	m 4																		
FORM 4 UNITE			D STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549													OMB APPROVAL			
Section 16. Form 4 or Form 5 obligations may continue. See				NT OF CHANGES IN BENEFICIAL OWNERSHIP and pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940											OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5				
1. Name and Address of Reporting Person <sup>*</sup> Assad Shawn					2. Issuer Name <b>and</b> Ticker or Trading Symbol Sema4 Holdings Corp. [SMFR]									heck all a Dir	pplica ector	,	g Perso	ner	
(Last) C/O SEN	Last) (First) (Middle) C/O SEMA4 HOLDINGS CORP.				3. Date of Earliest Transaction (Month/Day/Year) 04/04/2022										ow) `			Other (s below) g Officer	Jechy
333 LUDLOW ST, NORTH TOWER, 8TH FL.					4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) STAMFORD CT 06902														X Fo Fo	,				ing
(City)	(S	itate)	(Zip)																
		Та	ble I - Nor	n-Deriv	ative	e Sec	curities	s Ac	quired,	Dis	posed o	of, or B	eneficia	ly Own	ed				
Date				2. Trans Date (Month/I		ar) if	A. Deemo Execution f any Month/Da	Date	Transaction Disp Code (Instr.		4. Securi Disposed	ecurities Acquired (A) posed Of (D) (Instr. 3, 4		or 5. Amoun and 5) Securities Beneficia Owned Fo Reported		s For Ily (D) ollowing (I) (I		Direct I Indirect E str. 4) C	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(A) (D)	or Price	Trangasti		n(s) d 4)			
			Table II - I						uired, D s, option					v Owne	d				
1. Title of Derivative Security (Instr. 3)	Conversion Date Execution or Exercise (Month/Day/Year) if any		3A. Deemed Execution Da if any (Month/Day/)	Co	ansacti ode (Ins	tion    str.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exe Expiration (Month/Day	•	7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Co	ode V	,	(A)	(D)	Date Exercisabl		Expiration Date	Title	Amount or Number of Share	5		(Instr. 4)			
Employee Stock Option (Right to Buy)	\$3.05	04/04/2022			4		142,772		(1)	0	04/03/2032	Class A Commor Stock	142,77	2 \$0.0	0	142,77	72	D	
Restricted Stock Unit	(2)	04/04/2022			4		82,236		(1)		(1)	Class A Commor Stock	82,236	\$0.0	0	82,23	6	D	

Explanation of Responses:

1. 6.25% vest in quarterly installments over the four-year period commencing on April 1, 2022 until fully vested, subject to the Reporting Person's continued service to the Issuer on each vesting date.

2. Each restricted stock unit represents a contingent right to receive 1 share of the Issuer's Class A Common Stock upon settlement for no consideration.

## Remarks:

/s/ Daniel Clark, Attorney-in-	04/06/2022
Fact	04/06/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.