FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	20549
wasinigton,	D.C.	20343

|--|

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar Assad S (Last) C/O SEM 333 LUE	2. Issuer Name and Ticker or Trading Symbol Sema4 Holdings Corp. [SMFR] 3. Date of Earliest Transaction (Month/Day/Year) 10/01/2021 4. If Amendment, Date of Original Filed (Month/Day/Year)						(Ch	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Chief Accounting Officer 6. Individual or Joint/Group Filing (Check Applicable									
(Street) STAMFO			06902										X Form filed by One Reporting Person Form filed by More than One Reporting Person				- 1
(City)	(S	State)	(Zip)	Dorive	ative Securities Acquired, Disposed of, or Beneficially Owned												
		ıa	nig i - MOU-	Denva	uive 3	ecuritie	5 AC	quireu, L)IS	JUSEU (n, or Be	nenciali	y Owned				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				Execution Date,		Code (Instr.			5. Amour Securities Beneficia Owned For	s Form lly (D) o ollowing (I) (In		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								Code	v	Amount	(A) o (D)	Price	Transacti (Instr. 3 a	ction(s)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	ate Execution Da		nsaction de (Instr. Securitie Acquired or Dispo		Derivative Ex (M Acquired (A) or Disposed of (D) (Instr.		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Cod	le V	(A)	(D)	Date Exercisable		or piration Nu		Amount or Number of Shares		(Instr. 4)	, , , , , , , , , , , , , , , , , , ,		
Employee Stock Option (Right to Buy)	\$7.62	10/01/2021		A		96,830		(1)	09	9/30/2031	Class A Common Stock	96,830	\$0.00	96,83	96,830		
Restricted Stock Unit	(2)	10/01/2021		A		167,322		(1)		(1)	Class A Common Stock	167,322	\$0.00	167,32	22	D	

Explanation of Responses:

- 1. 1/16th of the total shares vest on October 25, 2021 and November 10, 2021, and thereafter vests as to 1/16th of the total shares underlying the award in quarterly installments until fully vested on May 10, 2025, subject to the Reporting Person's continued service to the Issuer on each vesting date.
- 2. Each restricted stock unit represents a contingent right to receive 1 share of the Issuer's Class A Common Stock upon settlement for no consideration.

Remarks:

/s/ Daniel Clark, Attorney-in-

Fact

** Signature of Reporting Person Date

10/05/2021

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.