FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number: 3235-028							
Estimated average burden							
hours ner resnonse.	0.5						

	tion 1(b).			Filed	l pursua or Se	nt to Sect ction 30(h	on 16( ) of the	(a) of e Inve	the Securestment C	rities Excha ompany A	inge Act of 1 t of 1940	934		llouis	per res	sporise.	0.3	
1. Name and Address of Reporting Person*  White Karen Ann				2. Issuer Name and Ticker or Trading Symbol Sema4 Holdings Corp. [ SMFR ]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  Officer (give title Other (specify							
l	C/O SEMA4 HOLDINGS CORP.					3. Date of Earliest Transaction (Month/Day/Year) 04/04/2022							X Officer (give title Officer (specify below)  Chief People Officer					
333 LUDLOW ST, NORTH TOWER, 8TH FL.  (Street)				4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person								
STAMF(			06902 (Zip)		Form filed by More than One F Person								one Repor	ting				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3)  2. Transa Date (Month/D					Execution Date,		e,	Code (Instr. 5)		ed (A) or str. 3, 4 an	Benefic	es Form ially (D) o Following (I) (II		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership			
								Code V	Amour	t (A) o	r Price	Transac (Instr. 3	ction(s)			(Instr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/\)	Co	ansactio	saction of I		Exp	Expiration Date of Secur (Month/Day/Year) Underly Derivati		7. Title an of Securit Underlyin Derivative (Instr. 3 a	g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					ode V	(A)	(D)	Dat Exe	te ercisable	Expiration Date	Title	Amount or Number of Shares	1					
Employee Stock Option (Right to Buy)	\$3.05	04/04/2022			A	91,00	1		(1)	04/03/203	Class A Common Stock	91,001	\$0.00	91,00	1	D		
Restricted Stock Unit	(2)	04/04/2022			A	52,41	6		(1)	(1)	Class A Common Stock	52,416	\$0.00	52,41	6	D		

## Explanation of Responses:

- 1. 6.25% vest in quarterly installments over the four-year period commencing on April 1, 2022 until fully vested, subject to the Reporting Person's continued service to the Issuer on each vesting date.
- 2. Each restricted stock unit represents a contingent right to receive 1 share of the Issuer's Class A Common Stock upon settlement for no consideration.

## Remarks:

/s/ Daniel Clark, Attorney-in-

04/06/2022

Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.